

Water Rejuvenation Walk

In honor of the Salmon Restoration Project & Crystal Cookson

Kopit Lodge's Walk for the Water

EVERYONE is welcome!

From **September 28 and 29**, we are walking for 2 days, an average of 7.5 km each day. Indigenous, Acadian, Anglophone, and Newcomer people from all Four Directions are invited to join us.

- The Walk will be led by women. This is Mi'kmaq territory and, within the Mi'kmaq culture, protection of the water is women's special responsibility, because mothers carry New Life in Water.
- We will be stopping at most if not all of streams, ponds, rivers and wetlands we cross.
- A Walker will offer a prayer or a reflection at each waterway, in Respect and Gratitude to the Water.
- Walkers are also invited to collect and label a small vial of water from a natural water source you love and respect, so we can add it to the Ceremonial Copper Water Pot.
- People can walk for as little or as long as they like.
- Walkers who want to stay over are encouraged to bring sleeping bags and some grub if possible. We will make sure you are accommodated.

IF YOU CANNOT WALK, your support is needed in other ways:

- You can drive over to where we are and provide a support vehicle to accompany the walkers. The support vehicles will help people who get tired, need a washroom, require a lift back to their cars, etc.
- You can offer sleep space for walkers who come from a distance. Kopit Lodge and KL volunteers have a few beds to offer.
- Donations of ready to eat food for all meals and beverages would be a great help. Just check the map and list below to see where to find us at starts, stops, and as we walk.

This is a Spiritual Walk.

- We are all Treaty People so let's treat each other with respect. Come sober: no drugs, no alcohol.
- We welcome women and men singers, hand drums, musicians, women to share in carrying the Ceremonial Water Pot, and men to help carrying the Kopit Staff.

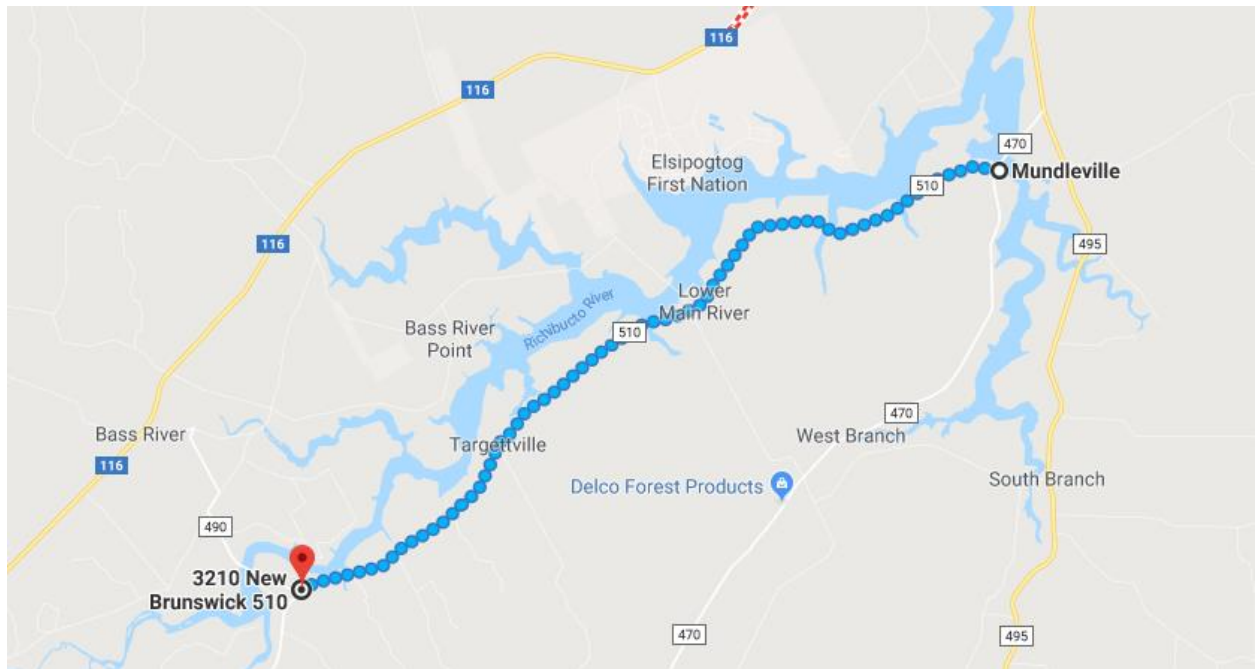
Each morning we assemble at 9 am to walk. (Map is posted in a separate Note.)

- **Friday 28:** Salmon River Road 116 to collect water then Meet at St. Nicholas River Bridge in Mindleville Rte 510 to Graham Creek.
- **Saturday 29:** Meet pass at the cross roads of 510 and Indian House road walk 3 km continue on 510 take a right on 490 (dirt road) to Browns Yard where we will end the walk and have a closing ceremony.
*Meet times may change depending on the amount of walking that has been done the day before.

When we arrive at our stop for each day, we will post a sign or a ribbon. This will show our start point for the next day.

This is a community project hosted by Kopit Lodge at Elsipogtog First Nation. Kopit Lodge's mission is to protect the Water.

Route for 2018 Water Rejuvenation Walk



September 2016 Water Walk

